



# **Curriculum Guide, Activities, and Resources**

**JOURNEY THROUGH THE ADVENT CALENDAR  
CURRICULUM GUIDE, ACTIVITIES, and RESOURCES**

**Catholic Education Alignment: Six Tasks of Catechesis**

<b>1</b>	<b>Knowledge of the faith</b>
<b>2</b>	<b>Liturgical education</b>
<b>3</b>	<b>Moral formation</b>
<b>4</b>	<b>Teaching to pray</b>
<b>5</b>	<b>Education for community life</b>

**National Council Themes of Social Studies Alignment:**

<b>1</b>	<b>CULTURE</b>
<b>3</b>	<b>PEOPLE, PLACES, AND ENVIRONMENTS</b>
<b>4</b>	<b>INDIVIDUAL DEVELOPMENT AND IDENTITY</b>
<b>9</b>	<b>GLOBAL CONNECTIONS</b>

**National Council of Teachers of English Alignment:**

<b>1</b>	<b>“to build an understanding of texts, of themselves, and of the cultures of the United States and the world”</b>
<b>2</b>	<b>“to build an understanding of the many dimensions (e.g., philosophical, ethical, aesthetic) of human experience.”</b>
<b>3</b>	<b>“Students apply a wide range of strategies to comprehend, interpret, evaluate, and appreciate texts. They draw on their prior experience, their interactions with other readers and writers, their knowledge of word meaning and of other texts, their word identification strategies, and their understanding of textual features (e.g., sound-letter correspondence, sentence structure, context, graphics)”</b>
<b>8</b>	<b>“Students use a variety of technological and information resources (e.g., libraries, databases, computer networks, video) to gather and synthesize information and to create and communicate knowledge.”</b>
<b>12</b>	<b>“Students use spoken, written, and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion, and the exchange of information).”</b>

## Curriculum Guide Includes:

- **Suggested Reading Calendar:** This calendar provides the suggested readings for the Advent season (4 weeks).
- **Discussion Questions:** These questions include pre-reading questions as well as chapter questions designed to be answered after/while reading the chapter.
- **Projects:** These projects are designed to help students apply the themes of the book to the world around them. Rubrics and worksheets are included.
- **Journal Prompts:** These are designed to help students reflect on the Advent season while reading the book. Chapter recommendations are provided that coincide with each week.
- **Prayer Journal Reflection on Bible Verses:** These are designed to encourage prayer using the Bible verses from JOURNEY THROUGH THE ADVENT CALENDAR.
- **Resources:** These are suggested websites.

**READING CALENDAR**  
for  
**JOURNEY THROUGH THE ADVENT CALENDAR**  
(55 min classes)

<p><b>Day 1</b></p> <p><b>Prereading Discussion Questions</b></p> <p><b>Read “Who is Zachariah” chapter.</b></p>	<p><b>Day 2</b></p> <p><b>“Who is Zachariah” Discussion Questions</b></p> <p><b>Read “Door One” chapter.</b></p>	<p><b>Day 3</b></p> <p><b>“Door One” Discussion Questions</b></p> <p><b>Read “Door Two” chapter.</b></p>	<p><b>Day 4</b></p> <p><b>“Door Two” Discussion Questions</b></p> <p><b>Read “Door Three” chapter.</b></p>	<p><b>Day 5</b></p> <p><b>“Door Three” Discussion Questions</b></p> <p><b>Read “Door Four” chapter.</b></p>
<p><b>Day 6</b></p> <p><b>“Door Four” Discussion Questions</b></p> <p><b>Read “Door Five” chapter.</b></p>	<p><b>Day 7</b></p> <p><b>“Door Five” Discussion Questions</b></p> <p><b>Read “Door Six” chapter.</b></p>	<p><b>Day 8</b></p> <p><b>“Door Six” Discussion Questions</b></p> <p><b>Read “Door Seven” chapter.</b></p>	<p><b>Day 9</b></p> <p><b>“Door Seven” Discussion Questions</b></p> <p><b>Read “Door Eight” chapter.</b></p>	<p><b>Day 10</b></p> <p><b>“Door Eight” Discussion Questions</b></p> <p><b>Read “Door Nine” chapter.</b></p>
<p><b>Day 11</b></p> <p><b>“Door Nine” Discussion Questions</b></p> <p><b>Read “Door Ten” chapter.</b></p>	<p><b>Day 12</b></p> <p><b>“Door Ten” Discussion Questions</b></p> <p><b>Read “Door Eleven” chapter.</b></p>	<p><b>Day 13</b></p> <p><b>“Door Eleven” Discussion Questions</b></p> <p><b>Read “Door Twelve” chapter.</b></p>	<p><b>Day 14</b></p> <p><b>“Door Twelve” Discussion Questions</b></p> <p><b>Read “Nativitatis” chapter.</b></p>	<p><b>Day 15</b></p> <p><b>“Nativitatis” Discussion Questions</b></p> <p><b>Start work on any choice of projects or journaling provided in this curriculum guide.</b></p>
<p><b>Day 16</b></p> <p><b>Work on any choice of projects or journaling provided in this curriculum guide.</b></p>	<p><b>Day 17</b></p> <p><b>Work on any choice of projects or journaling provided in this curriculum guide.</b></p>	<p><b>Day 18</b></p> <p><b>Work on any choice of projects or journaling provided in this curriculum guide.</b></p>	<p><b>Day 19</b></p> <p><b>Work on any choice of projects or journaling provided in this curriculum guide.</b></p>	<p><b>Day 20</b></p> <p><b>Work on any choice of projects or journaling provided in this curriculum guide.</b></p>

## **DISCUSSION/GUIDED READING QUESTIONS**

### **Before reading the book:**

1. What does Christmas time mean to you?
2. Who in the world celebrates Christmas? Where do they live?
3. What four lessons do you think we should learn before Christmas?
4. Have you ever spent time reflecting before Christmas? Explain.
5. What are five of the most important values you think a person should learn?
6. Why do you think people around the world celebrate Christmas differently?
7. Who do you trust in your life? Why?
8. What ways do you try to get closer to Jesus? God?
9. Why do people get angry with God? How do you believe God reacts?
10. What are your favorite Christmas traditions?
11. What is an Advent Calendar?
12. What is an Advent Wreath?

### **Who is Zachariah?**

1. Where is Zach?
2. Why doesn't he want to see Dr. Reed?
3. Who is Father Joe?
4. Why do you think he won't talk to his therapist?
5. What memory does Zach have about his parents?
6. What happened to Zach's parents?
7. What is Zach's favorite instrument? How is that appropriate for Christmas?
8. Who is Elizabeth?
9. What social media post does Zach see that upsets him? Why?
10. Describe Father Joe. Do you like him? Why or Why not?
11. What does Zach get from Father Joe?
12. What happens when Zach touches the Advent Calendar door?
13. What do you think Father Joe means by "the candles will show up?"

### **Door One**

1. Draw the mark/tattoo that Aachal, Asha, and Amal each have.
2. What is Zach getting ready for in the beginning?
3. What is a bowshot?
4. Who is Aachal?
5. Who is Asha?
6. What does Asha's tree home remind you of?
7. Where is Zach?
8. How many lands are there in this world? Which land is he in at this point in the story?
9. List the protectors.
10. What does Zach do for the snowpuffs?
11. Why does a magus appear after the encounter with the snowpuffs?
12. What does benignitas mean? How do you know?
13. What does Zachariah mean?
14. What does Spes mean?
15. Why does Zach accept the quest?

### **Door Two**

1. Who is Amal?
2. Who is Fenrir?
3. What is a magus/magi?
4. What are the gifts? How are they different from the magi?
5. Was Zach the first to appear in Burra Din from his realm? Explain.
6. Why don't all realms have magic?
7. Describe Malum.
8. How has Malum tried to conquer Burra Din in the past?
9. Why is Satya important to Asha?
10. How does Amal explain the beauty of light in the darkness?
11. Why do you think Zach cannot see the light in the dark pit even though Amal and Asha can?
12. Why is the leviathan so huge?
13. Why is Asha angry at Zach?
14. Is Amal angry with him too?
15. What are Amal's powers?
16. What does Fiducia mean?

### **Door Three**

1. What does Votum mean?
2. How can you tell Asha was beginning to forgive Zach?
3. How does Asha explain the evil voice in Zach's head?
4. What does GOAT stand for?
5. Who is Sundara?
6. Who is Doragon? Draw him.
7. What is the magic of the Lumen Hills all about?
8. Why does the wraith come? How does Zach get the wraith to go away?
9. How does Amal describe Malum?
10. How is the story of the early tribes and Malum similar to the story behind the 12 tribes of Israel?
11. How does Zach defeat the wraith the second time?
12. Once Zach achieves the third magus, what happens?
13. Where does Amal go?
14. What is the first gift? What does Spes mean?
15. What does Amal tell Zach before he enters the candle?

### **Door Four**

1. What does Fidem mean?
2. What does patientia mean?
3. Why is Zach upset Amal is gone? How does Asha calm him down?
4. What are the Velox Plains like?
5. What is strange about the field of flowers?
6. Who is Vera? Describe her.
7. What is Vera's tattoo/marking like?
8. Why doesn't Zach want to help in Vera's gardens?
9. Who is Bariii? What is wrong with him?
10. How does Zach try and make Bariii feel better?

11. How does Barii remind Zach of his own mother's fate?
12. How does Zach use the word 'sick'?

### **Door Five**

1. What does Humilis mean?
2. What are Vera's powers? How do they know?
3. Why can't Zach make the magus give him answers?
4. What is Asha's nickname for Zach? Why?
5. Who is Eadrich? What do you think of him?
6. What does the shopkeeper give Zach?
7. Why don't the villagers share Vera's marking/tattoo until the end of the chapter?
8. How does Zach's personality change in this chapter? Why does it change?
9. What does Eadrich do to manipulate Zach?
10. What does Asha do to bring Zach back?
11. What happens to Asha?
12. What was wrong with the people of Fides village? Are they forgiven? Why?
13. What are they doing in the lake?

### **Door Six**

1. What does Molles mean?
2. Why is Vera a little sad when Zach finds the magus?
3. What is the land like through the Molles door?
4. What is happening to Vera?
5. What is the lake like?
6. What happens to Zach when he falls in the lake?
7. How does Zach bring Asha and Vera back?
8. Where are they?
9. Who is Livi?
10. How do they find the Solians?
11. What does Ria's song mean?
12. What happens to Vera after the Molles magus is found?
13. What does Fidem mean? What does Vera tell Zach before she enters the candle?

### **Door Seven**

1. What does Gaudium mean?
2. What does Caritas mean?
3. Why doesn't Asha know where they should go?
4. How do Asha and Zach protect themselves from the cold?
5. Describe Jovie.
6. Describe Jovanna.
7. What does Jovie's tattoo/marking look like?
8. What land are they in?
9. What are Jovie's powers?
10. What did Jovie find that will help them on their quest?
11. Why is Zach aggravated with the people they are helping on the tundra? How does Jovie react? What does she say?
12. What does Zach do to show he is trying to help the people in the igloo?
13. How does the old woman react to his efforts?

14. Who chases them back to Jovanna?

### **Door Eight**

1. What does Animo mean?
2. What are wisps?
3. Who are the Skotovody?
4. Why aren't some of the Skotovody happy to see Jovie?
5. How do the Skotovody people make decisions? What type of government style are they using?
6. Who is Mir? How is he different?
7. How do Zach and Asha help Pavie?
8. How does Pavie remind Zach of his own life?
9. What happens in the middle of the night?
10. Who does Zach have to duel?
11. How does Zach win?
12. What is a yurt?
13. How does Jovie know the sickness of Malum was taking over people in the village?

### **Door Nine**

1. What does Misericordia mean?
2. Where does the door lead them?
3. What is already wrong with their new location?
4. What is Fenrir's story?
5. What action does Zach take that surprises Jovie and Asha? Why is Asha upset?
6. Would you have given Fenrir the candles? Why or why not?
7. What appears after Zach tries to help Fenrir?
8. What does Gaudium mean? What words does Jovie say to Zach before entering the candle?
9. What makes Jovie's candle different? Why is it different?
10. Who saves them from the avalanche?

### **Door Ten**

1. What does Pax mean?
2. What does Pondero mean?
3. Who is Kazuya? What are his powers?
4. What is Kazuya's marking/tattoo like?
5. What does Kazuya teach them while picking fruit?
6. How does Kazuya know some things already?
7. Why does Kazuya explain that it is important to reflect, meditate, and heal one's mind?
8. Who does Asha run into? Why?
9. What does Kazuya try to teach them the next day?
10. How does Zach succeed in Kazuya's lesson?
11. Describe Iyashi temple.
12. How does Kazuya feel about Fenrir? How can you tell?

### **Door Eleven**

1. What does Gratium mean?
2. Who is Kumi?



3. How is Kazuya different from the other three protectors? How did the other protectors feel about this?
4. Why is Kazuya hesitant to leave at first?
5. What is the story of Tsuki village?
6. How do the three of them get down the mountain?
7. What does the shopkeeper warn them about?
8. How do they get Fenrir on the boat?
9. What kind of dreams does Zach have?
10. What worries does Zach begin to have about his mother?
11. How does Kazuya explain these dreams?
12. How do they fight the storm?
13. How does Zach handle their misfortunes after the storm? How does he come to terms with it?
14. How do they combat the whirlpool?

### **Door Twelve**

1. What does Identitatis mean?
2. How does Asha explain doing the right thing versus doing the wrong thing?
3. Why is Zach nervous about challenging Malum?
4. What does Malum pretend to have to lure Zach?
5. Describe Malum.
6. How did Zach's mother's last words inspire the soldiers?
7. Who shows up to help them fight?
8. What creatures help them defeat Malum's dragon?
9. Describe how Zach tries to stand up to Malum.
10. What does Kazuya say to Zach before entering the candle? What does Pax mean?
11. Why isn't Malum able to use the gifts?
12. How is Malum stopped?
13. Why can't Asha go with Zach?

### **Nativitatis**

1. Where is Zach?
2. Where was the prince born?
3. Who was in the room with the prince?
4. Describe the looks of the baby. How does he represent all of Burra Din?
5. What happens to the candles when Zach presents them to the baby?
6. What do all four markings/tattoos of Burra Din create when put together?
7. What does Zachariah's mother's spirit whisper to him in the end?
8. How is Zach different at the end of the story than the beginning?
9. How does Father Joe react to Zach's finding of the candles?

**PROJECTS:**

<b>SAINT PROJECT</b>	
<b>OBJECTIVE:</b>	The protectors of <b>JOURNEY THROUGH THE ADVENT CALENDAR</b> are based on four Catholic saints. Students will compare the protectors of the book to their real life counterparts. They will present the similarities and differences.
<b>NUMBER OF CLASS PERIODS: (55min)</b>	<b>4 TOTAL</b> 1. Introduction to the Project and start the Research WS 2. Research WS 3. Create a poster, slides presentation, etc. 4. Present to the class.
<b>SUPPLIES:</b>	<ul style="list-style-type: none"> <li>● Copy of <b>JOURNEY THROUGH THE ADVENT CALENDAR</b></li> <li>● Research WS (on the next page)</li> <li>● Posters and art supplies or computer for slides presentation</li> <li>● Rubric (see below)</li> <li>● Websites for information. (find in resource section)</li> </ul>

<b>SAINT PROJECT RUBRIC (100 pts)</b>					
<b>Research WS</b>	<b>10pts(min)</b>	<b>20pts</b>	<b>30pts</b>	<b>40pts</b>	<b>50pts(max)</b>
<b>Visual Aid</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>Presentation</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>TOTAL POINTS:</b>	_____ / 100pts				
<b>TEACHER COMMENTS:</b>					

**RESEARCH WS for SAINT PROJECT**  
**Compare the Protectors to their real life counterparts.**

**AMAL**

**St. Jude Thaddeus**

**When did he live?**

**Where did he live?**

**Describe his life in 5 sentences.**

**Why was he chosen to be a saint?**

**What is he the saint of?**

**How is St. Jude often portrayed in art?**

**Think of Amal from the book. How is Amal like St. Jude? How is he different?**

**VERA**

**St. Therese de Lisieux**

**When did she live?**

**Where did she live?**

**Describe her life in 5 sentences.**

**Why was she chosen to be a saint?**

**What is she the saint of?**

**How is she often portrayed in art?**

**Think of Vera from the book. How is Vera like St. Therese? How is she different?**

**RESEARCH WS for SAINT PROJECT**  
**Compare the Protectors to their real life counterparts.**

**JOVIE**

	<b>St. Philip Neri</b>
<b>When did he live?</b>	
<b>Where did he live?</b>	
<b>Describe his life in 5 sentences.</b>	
<b>Why was he chosen to be a saint?</b>	
<b>What is he the saint of?</b>	
<b>How is he often portrayed in art?</b>	
<b>Think of Jovie from the book. How is Jovie like St. Philip? How is she different?</b>	

**KAZUYA**

	<b>St. Dymphna</b>
<b>When did she live?</b>	
<b>Where did she live?</b>	
<b>Describe her life in 5 sentences.</b>	
<b>Why was she chosen to be a saint?</b>	
<b>What is she the saint of?</b>	
<b>How is she often portrayed in art?</b>	
<b>Think of Kazuya from the book. How is Kazuya like St. Dymphna? How is he different?</b>	

<b>BIBLE COMPARISON PROJECT</b>	
<b>OBJECTIVE:</b>	<b>After reading JOURNEY THROUGH THE ADVENT CALENDAR, choose a gospel from the Bible and make connections to the Nativity story of Jesus.</b>
<b>NUMBER OF CLASS PERIODS: (55min)</b>	<b>4 TOTAL</b> <ol style="list-style-type: none"> <li>1. As a class, create a timeline of events and list of characters for JOURNEY THROUGH THE ADVENT CALENDAR.</li> <li>2. Read the story of the Nativity and keep a timeline of events and list of historical figures.</li> <li>3. Class discussion: What similarities do you find in the two stories? What differences exist? Keep a list of your discussion findings.</li> <li>4. Essay: Students type a one page essay describing their findings.</li> </ol>
<b>SUPPLIES:</b>	<ul style="list-style-type: none"> <li>• Copy of JOURNEY THROUGH THE ADVENT CALENDAR</li> <li>• A Bible</li> <li>• Computer or Paper and writing utensil</li> <li>• RUBRIC</li> </ul>

<b>BIBLE COMPARISON RUBRIC (100 pts)</b>					
<b>ESSAY: Length, organization, grammar, and spelling</b>	<b>10pts(min)</b>	<b>20pts</b>	<b>30pts</b>	<b>40pts</b>	<b>50pts(max)</b>
<b>Class Discussion on JOURNEY THROUGH THE ADVENT CALENDAR</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>Class Discussion on the Bible Nativity story.</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>TOTAL POINTS:</b>	_____ / 100pts				
<b>TEACHER COMMENTS:</b>					

<b>MAP OF BURRA DIN PROJECT</b>	
<b>OBJECTIVE:</b>	<b>After reading JOURNEY THROUGH THE ADVENT CALENDAR, create a map to work on spatial awareness and mapmaking skills.</b>
<b>NUMBER OF CLASS PERIODS: (55min)</b>	<b>4 TOTAL</b> <ol style="list-style-type: none"> <li><b>1. Make a list of your top 10 favorite places in Burra Din.</b></li> <li><b>2. Draw a map of Burra Din with your top 10 places on the map. Make sure your map has a compass, key, and title.</b></li> <li><b>3. Burra Din is not a real place so there is no right answer. Present your map to the class and take note of the differences and similarities in each other's maps. Discuss the differences and similarities as a class.</b></li> </ol>
<b>SUPPLIES:</b>	<ul style="list-style-type: none"> <li><b>• Copy of JOURNEY THROUGH THE ADVENT CALENDAR</b></li> <li><b>• Art supplies</b></li> </ul>

<b>MAP OF BURRA DIN RUBRIC (100 pts)</b>					
<b>MAP FINAL PRODUCT: Organization, Colorful, and Detailed</b>	<b>10pts(min)</b>	<b>20pts</b>	<b>30pts</b>	<b>40pts</b>	<b>50pts(max)</b>
<b>List of 10 places from Burra Din</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>Presentation and Class Discussion</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>TOTAL POINTS:</b>	<b>_____ / 100pts</b>				
<b>TEACHER COMMENTS:</b>					

<b>CULTURE PROJECT</b>	
<b>OBJECTIVE:</b>	The lands in <b>JOURNEY THROUGH THE ADVENT CALENDAR</b> are loosely based on cultures from around the world including Germany, Japan, India, Russia, England, and the United States. Students will research and identify the similarities and differences in Christmas tradition world-wide. Students will also evaluate why differences exist.
<b>NUMBER OF CLASS PERIODS:</b> (55min)	<b>3 TOTAL</b> <ol style="list-style-type: none"> <li>1. Choose any country besides your own.</li> <li>2. Complete Part 1 of the Culture WS. (see below)</li> <li>3. Get into groups of 3 and share your findings with your partners to complete Part 2 of the Culture WS. All students in the group must have a different country. Discuss why there are similarities and differences in Christmas tradition. Answer the final reflection question on real traditions found in <b>JOURNEY THROUGH THE ADVENT CALENDAR</b>.</li> </ol>
<b>SUPPLIES:</b>	<ul style="list-style-type: none"> <li>• Copy of <b>JOURNEY THROUGH THE ADVENT CALENDAR</b></li> <li>• Culture WS</li> </ul>

<b>CULTURE PROJECT RUBRIC (100 pts)</b>					
<b>Culture WS Part 1</b>	<b>10pts(min)</b>	<b>20pts</b>	<b>30pts</b>	<b>40pts</b>	<b>50pts(max)</b>
<b>Group Discussion</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>Final Reflection</b>	<b>5pts(min)</b>	<b>10pts</b>	<b>15pts</b>	<b>20pts</b>	<b>25pts(max)</b>
<b>TOTAL POINTS:</b>	_____ / 100pts				
<b>TEACHER COMMENTS:</b>					

**CULTURE WS PART 1**

	<b>Your Christmas Traditions</b>	<b>_____ Traditions</b>
<b>What day is Christmas celebrated?</b>		
<b>How many days is Christmas celebrated?</b>		
<b>What special foods are eaten?</b>		
<b>What special drinks?</b>		
<b>What entertainment traditions exist?</b>		
<b>Are there special people celebrated at the same time? Magical characters?</b>		
<b>What family traditions are common?</b>		
<b>What decorations are used?</b>		
<b>What are the most important elements of the Christmas tradition?</b>		



**CULTURE WS PART 2**

	<b>PARTNER 1's FINDINGS</b>	<b>PARTNER 2's FINDINGS</b>
<b>What day is Christmas celebrated?</b>		
<b>How many days is Christmas celebrated?</b>		
<b>What special foods are eaten?</b>		
<b>What special drinks?</b>		
<b>What entertainment traditions exist?</b>		
<b>Are there special people celebrated at the same time? Magical characters?</b>		
<b>What family traditions are common?</b>		
<b>What decorations are used?</b>		
<b>What are the most important elements of the Christmas tradition?</b>		

**FINAL REFLECTION QUESTION**

**(5-7 sentences)**

**What traditions of Christmas are evident in JOURNEY THROUGH THE ADVENT CALENDAR? What does the term globalization mean? How is that term relevant to this project?**

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<b>CLASS VIRTUES PROJECT</b>	
<b>OBJECTIVE:</b>	<b>Zachariah learns important lessons in JOURNEY THROUGH THE ADVENT CALENDAR. Students will create a way to achieve each virtue as a class. Students will reflect each day on how they achieved the virtue of the day.</b>
<b>NUMBER OF CLASS PERIODS: (55min)</b>	<b>14 TOTAL</b> <ol style="list-style-type: none"> <li><b>1. Introduce the idea to the students and discuss how they can achieve virtue. Create a class calendar. (55 min)</b></li> <li><b>2. Give the students time to write in their journal how they achieved each virtue for 12 days. (15 min per day).</b></li> <li><b>3. Have students reflect on what they learned over the 12 day period. Which virtues were the most difficult to achieve? Which virtues were the hardest? Why are the 12 virtues important?</b></li> </ol>
<b>SUPPLIES:</b>	<ul style="list-style-type: none"> <li>● <b>Copy of JOURNEY THROUGH THE ADVENT CALENDAR</b></li> <li>● <b>Journal</b></li> <li>● <b>List of 12 Virtues</b> <ul style="list-style-type: none"> <li>○ <b>Kindness</b></li> <li>○ <b>Trust</b></li> <li>○ <b>Hopeful Prayer</b></li> <li>○ <b>Patience</b></li> <li>○ <b>Humility</b></li> <li>○ <b>Resilience</b></li> <li>○ <b>Caring</b></li> <li>○ <b>Courage</b></li> <li>○ <b>Mercy/Compassion</b></li> <li>○ <b>Reflection</b></li> <li>○ <b>Grateful</b></li> <li>○ <b>Identity</b></li> </ul> </li> </ul>

## JOURNAL PROMPTS

<b>Who is Zachariah?</b>	<b>What is something difficult that you have had to endure? How did you handle it? Who helped you get through it? What impact did social media have on your experience?</b>
<b>Door One</b>	<b>Write about a time when someone was kind to you. How did that change your day? What if they hadn't been kind to you?</b>
<b>Door Two</b>	<b>Why do you think it is hard for people to trust others? Write about a time you had trouble trusting someone. Why was that?</b>
<b>Door Three</b>	<b>Have you ever hoped for something that came true? Have you ever hoped for something that didn't come true? How would your life be different had things turned out the opposite?</b>
<b>Door Four</b>	<b>Why is it so hard to be patient? Think of a time when it was hard to be patient? Why did you have to wait? What did you do while you waited?</b>
<b>Door Five</b>	<b>What is humility? Why do people encourage others to be humble? What can happen if you are not humble? Can you think of a time when you should have been humble and weren't? Explain.</b>
<b>Door Six</b>	<b>Have you ever done something that was really difficult to complete? How did you feel when it was over? Was the suffering or hard work worth it? Explain.</b>
<b>Door Seven</b>	<b>Have you ever struggled to care for someone? Why or why not? Why is it important to care for each other? Is there a time when someone cared for you? Explain.</b>
<b>Door Eight</b>	<b>Think of a time when you had to have a lot of courage. Explain. Are you glad you were courageous? How did it make you feel?</b>
<b>Door Nine</b>	<b>Why is forgiveness so difficult? Think of a time when you had to be forgiven. Did the person forgive you? How did that make you feel? Have you ever forgiven someone? Explain.</b>
<b>Door Ten</b>	<b>Close your eyes for 5 minutes and remain completely quiet. Breathe slowly. When you open your eyes, write down what was going through your mind. Do you feel calmer? Explain. Why is meditation good for humankind?</b>
<b>Door Eleven</b>	<b>List ten things you are grateful for. How do you feel now that you took the time to write them down? Why is reflecting on what we are grateful for good for us?</b>
<b>Door Twelve</b>	<b>What makes you unique? What do you love about yourself? Is there anything you would change? Why or why not? Is there something you would have changed about yourself before but you are glad you didn't? Why is it important to be yourself?</b>

**PRAYER JOURNAL**

**For each Bible verse, write a short paragraph on what you think it means. Reflect on what God is telling you. Take the time to tell God about your day and thank him for your blessings.**

“So whatever you wish that others would do to you, do also to them.” Matthew 7:12	
“When I am afraid, I put my trust in you.” Psalm 56:3	
“Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.” Mark 11:24	
“You also must be patient. Keep your hopes high, for the day of the Lord’s coming is near.” James 5:8	
“For all those who exalt themselves will be humbled, and those who humble themselves will be exalted.” Luke 14:11	
“Be strong and courageous. Do not be afraid; do not be discouraged.” Joshua 1:8	
“Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.” 2nd Corinthians 9:7	
“But even if you should suffer for what is right, you are blessed. Do not fear their threats; do not be frightened.” 1 Peter 3:14	
“But in your great mercy you did not put an end to them or abandon them, for you are a gracious and merciful God.” Nehemiah 9:31	
“As in water face reflects face,	

<p>So the heart of man reflects man.” Proverbs 27:19</p>	
<p>“Give thanks to the Lord, for he is good; his love endures forever.” Psalm 118:1</p>	
<p>“For now we see in a mirror dimly, but then face to face. Now I know in part; then I shall know fully, even as I have been fully known.” 1 Corinthians 13:12</p>	

<b>RESOURCES</b>
<p><a href="https://www.catholic.org/">https://www.catholic.org/</a> <a href="https://www.goodcatholic.com/">https://www.goodcatholic.com/</a></p>